

METHIONINE SYNTHASE ACTIVITIES IN MICE FOLLOWING ACUTE EXPOSURES TO ETHANOL AND NITROUS OXIDE

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Abstract—Acute or chronic exposure to nitrous oxide or chronic exposure to ethanol decreases the activity of the vitamin B₁₂-dependent enzyme methionine synthase. To assess the combined effect of acute exposure to nitrous oxide and ethanol, mice were given an intraperitoneal injection of ethanol (3 g/kg) and exposed to an inspired mixture of 66% nitrous oxide and 34% oxygen for 4 hr. Methionine synthase activities in liver, kidney, and brain were measured immediately after exposure to nitrous oxide and at various times over a 4-day recovery period. Methionine synthase activities in liver and kidney returned to control levels 2–4 days following inactivation. In brain, a significant 16% decrease in methionine synthase activity remained after a 4-day recovery period. The acute administration of ethanol did not alter the magnitude of the inactivation induced by nitrous oxide nor the time course of recovery of methionine synthase activity following inactivation. Moreover, in mice that were not exposed to nitrous oxide, methionine synthase activity was not altered by the acute administration of ethanol alone or in combination with 0.4% atm isoflurane. Thus, in this animal model, an acute dose of ethanol does not alter methionine synthase activity nor does it enhance the inactivation produced by nitrous oxide.

Both ethanol and nitrous oxide can influence folate metabolism. Ethanol ingestion may interfere with the normal patterns of dietary folate intake, intestinal absorption of folate, transport of folate to tissues, and excretion of folate [1, 2]. Ethanol may also alter the activities of enzymes involved in one-carbon intermediate metabolism [1, 2]. Acute or chronic ingestion of ethanol may decrease serum folate levels and increase urinary and fecal excretion of folate in animals and humans [3–7]. Such alterations may cause the hematological disorders and other toxic effects observed in alcoholic patients [8, 9].

As with ethanol, nitrous oxide may impair the uptake of folate [10], increase the excretion of folate [11, 12], and deplete tissue stores of tetrahydrofolate [13–15]. These effects are probably due to oxidizing the cobalt atom of vitamin B₁₂ by nitrous oxide [16], inactivating the enzyme methionine synthase [5-methyltetrahydrofolate:homocysteine methyltransferase (EC 2.1.1.13)] and preventing the conversion of methyltetrahydrofolate to tetrahydrofolate [17–19]. In rodents, a brief (30 min) exposure to subanesthetic concentrations of nitrous oxide inactivates >75% of hepatic methionine synthase [20, 21]. A similar but slower inactivation of methionine synthase occurs in human liver in patients who undergo routine surgical procedures and receive nitrous oxide as a component of their anesthetic [22].

The chronic administration of ethanol also decreases methionine synthase activity. Rats treated with ethanol for periods ranging from 3 days to

22 weeks exhibit a 28–47% decrease in methionine synthase activity in liver and kidney [23–25]. The influence of an acute dose of ethanol on methionine synthase activity has not been examined carefully.

Since both ethanol and nitrous oxide may disrupt folate metabolism and decrease methionine synthase activity, the possibility exists that the combined actions of these agents may have an especially deleterious effect. This combination of agents has clinical relevance since it is not unusual to administer nitrous oxide as a component of an anesthetic when an intoxicated patient or an alcoholic patient requires surgery. In the present study we employed the mouse as an animal model to examine the separate and combined influences of acute doses of ethanol and nitrous oxide on methionine synthase activity.

MATERIALS AND METHODS

Chemicals. [5-¹⁴C]Methyltetrahydrofolate, barium salt (60 mCi/mmol), was obtained from the Amersham Corp. Anion exchange resin AG^R 1-X8 (200–400 mesh, chloride form) was from Bio-Rad Laboratories. Other biochemicals were purchased from the Sigma Chemical Co. Medical grade nitrous oxide and oxygen were from the Puritan-Bennett Corp. All other reagents were of the highest available purity.

Animals and treatments. These studies were approved by the Animal Studies Subcommittee at the Veterans Administration Medical Center, San Francisco. Male ICR mice (Simonsen Laboratories), initially weighing about 30 g, were provided Purina laboratory rodent chow and tap water *ad lib.* except during the 4-hr periods of exposure to nitrous oxide.

For a typical experiment, four mice were given a

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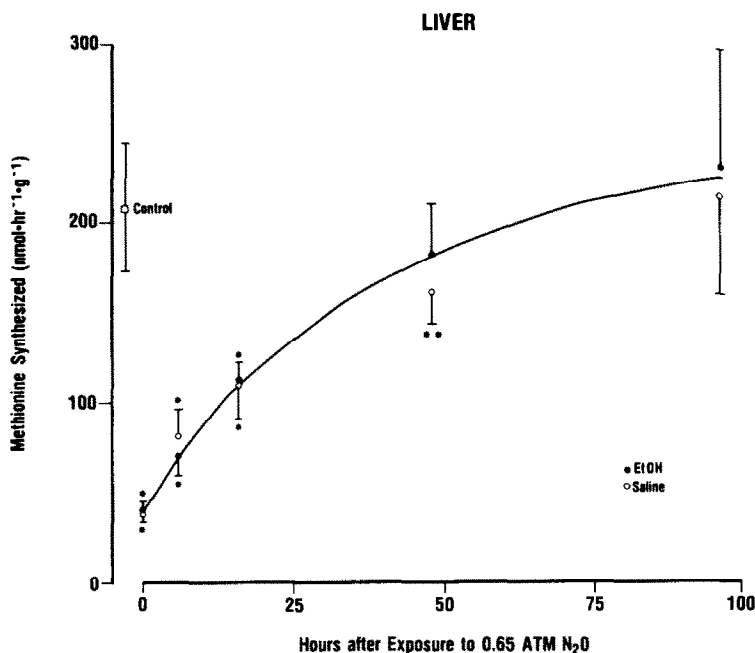


Fig. 1. Methionine synthase activities (expressed in $\text{nmol methionine produced} \cdot \text{hr}^{-1} \cdot \text{g}^{-1}$) in livers of mice at various times after exposure to 0.66 atm nitrous oxide for 4 hr. Exposed animals were injected intraperitoneally with either 3 g/kg ethanol (●) or saline (○) prior to administration of nitrous oxide. Control animals (□) were not injected and were not exposed to nitrous oxide. The control point represents the mean from sixteen mice. All other points represent the mean from eight animals. The error bars represent \pm SD (only one side of the error bar is drawn for clarity). Nitrous oxide-treated animals were different from controls at significance levels of $*P < 0.001$ or $**P < 0.025$. At any given time point, no significant differences were detected between the saline-injected and ethanol-injected mice.

3.0 g/kg intraperitoneal injection of ethanol [20% (w/v) in 0.9% sodium chloride] and four mice were given an intraperitoneal injection of 0.9% sodium chloride (0.015 ml/g). Within 10 min after the injection of ethanol, the ethanol-injected and saline-injected mice were inserted into individual wire mesh cages and placed in a 20-liter stainless steel chamber. A mixture of nitrous oxide (5 L/min) and oxygen (2 L/min) was administered via an Ohio anesthesia machine for 10 min, and the gas flows were then decreased to 2 L/min for nitrous oxide and 1 L/min for oxygen for the duration of the 4-hr exposure. The stainless steel chamber was equipped with a fan that circulated chamber gases through a soda lime container to remove CO_2 [26, 27]. Chamber temperature remained near 23° but varied between 21.7 and 28.2° . Gas samples were removed from the chamber during the 4-hr exposure, and oxygen, nitrous oxide and carbon dioxide concentrations were measured with a Beckman model E-2 oxygen analyzer or a SARA mass spectrometer. Nitrous oxide concentrations averaged near 65%, oxygen concentrations ranged between 29 and 34%, and carbon dioxide was less than 1%. Exposures were carried out between 7:00 a.m. and 5:00 p.m.

Following the 4-hr exposure to 66% nitrous oxide, the chamber was flushed with 100% oxygen (approximately 10 L/min) for 2 min. At 0, 6, 16, 48, and 96 hr after the animals were removed from the nitrous oxide environment, mice were killed with 100% carbon dioxide. If the mice were not immedi-

ately killed, they were returned to their cages, allowed to breathe room air, and provided continuous access to rodent chow and water for the specified recovery time. Livers, kidneys, and whole brains were isolated from the animals, and the tissues were stored at -20 to -30° .

Three additional sets of experiments were performed in mice that were *not* exposed to nitrous oxide: (1) mice given a 3.0 g/kg intraperitoneal injection of ethanol; (2) mice given a 3.0 g/kg intraperitoneal injection of ethanol and exposed to 0.4% atm isoflurane ($\text{CF}_3\text{H}-\text{O}-\text{CClH}-\text{CF}_3$) for 4 hr; and (3) mice given an intraperitoneal injection of 0.9% NaCl (0.015 ml/g) and exposed to 0.4% atm isoflurane for 4 hr. Animals given only ethanol were killed 20–30 min after injection, and tissues were isolated for analysis of methionine synthase activity. Animals exposed to isoflurane were killed immediately after the 4-hr exposure. Isoflurane was administered in oxygen using a calibrated anesthetic vaporizer. Isoflurane concentrations were confirmed by mass spectrometry.

Sixteen mice served as controls to measure the normal values of methionine synthase activity in liver, kidney, and brain. These mice were obtained in the same shipment from the supplier but were not injected with ethanol, exposed to anesthetic, or placed in the exposure chamber.

Assays. Methionine synthase activity was determined as described previously [21]. Activity was expressed as nanomoles of methionine produced per

KIDNEY

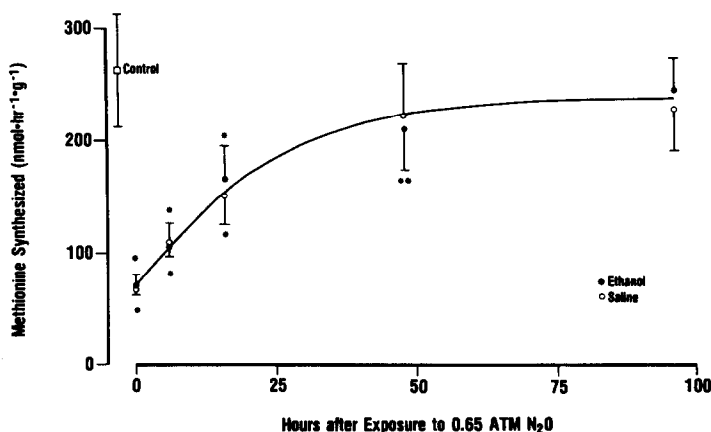


Fig. 2. Methionine synthase activities (expressed in nmol methionine produced \cdot hr $^{-1}$ \cdot g $^{-1}$) in kidneys of mice at various times after exposure to 0.66 atm nitrous oxide for 4 hr. Exposed animals were injected intraperitoneally with either 3 g/kg ethanol (●) or saline (○) prior to administration of nitrous oxide. Control animals (□) were not injected and were not exposed to nitrous oxide. The control point represents the mean from sixteen mice. All other points represent the mean from eight animals. The error bars represent \pm SD (only one side of the error bar is drawn for clarity). Nitrous oxide-treated animals were different from controls at significance levels of * P < 0.001 or ** P < 0.025.

hour per gram of original tissue or as nanomoles methionine produced per hour per milligram of protein in the supernatant fraction. Protein content was determined by the method of Lowry *et al.* [28].

Statistical analysis. Statistical computations were performed with a one-way analysis of variance using the Neuman-Keuls test for multiple comparisons [29]. P values of <0.05 were considered statistically significant. Of the 120 mice examined in these experiments, none died upon injection of ethanol and/or exposure to anesthetic, and all values were included in the statistical analysis.

RESULTS

Methionine synthase activities in mice injected with either saline or ethanol and killed immediately after exposure to 66% nitrous oxide for 4 hr exhibited approximately an 82% decrease in liver (Fig. 1), a 75% decrease in kidney (Fig. 2), and a 58% decrease in brain (Fig. 3) when compared to the corresponding values in control mice that were not exposed to nitrous oxide. Methionine synthase activities in livers, kidneys, and brains of mice injected intraperitoneally with 3.0 g/kg of ethanol and killed immediately after exposure to 66% nitrous oxide for 4 hr did not differ significantly from those found in mice injected with saline and exposed to nitrous oxide (Figs. 1–3).

Some recovery of methionine synthase activity occurred within 6 hr after returning the saline- or ethanol-injected and nitrous oxide-exposed animals to an air environment. Sixteen hours after exposure to nitrous oxide, methionine synthase activities in liver, kidney, and brain averaged 53, 61, and 60% of the control values respectively (Figs. 1–3). After a 48-hr recovery period, methionine synthase activity remained significantly decreased in liver in the saline-

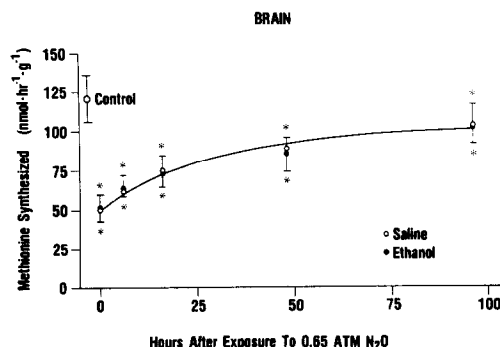


Fig. 3. Methionine synthase activities (expressed in nmol methionine produced \cdot hr $^{-1}$ \cdot g $^{-1}$) in brains of mice at various times after exposure to 0.66 atm nitrous oxide for 4 hr. Exposed animals were injected intraperitoneally with either 3 g/kg ethanol (●) or saline (○) prior to administration of nitrous oxide. Control animals (□) were not injected and were not exposed to nitrous oxide. The control point represents the mean from sixteen mice. All other points represent the mean from eight animals. The error bars represent \pm SD (only one side of the error bar is drawn for clarity). Nitrous oxide-treated animals were different from controls at a significance level of * P < 0.001.

injected mice (Fig. 1) and decreased in kidney in the ethanol-injected mice (Fig. 2). Activities in liver and kidney (Figs. 1 and 2) 96 hr following exposure to nitrous oxide did not differ from control values. In brain, a significant 16% decrease in methionine synthase activity was still evident in both the saline- and ethanol-injected mice 96 hr after exposure to nitrous oxide (Fig. 3). When the ethanol-injected animals were compared with the saline-injected animals, no differences in tissue methionine synthase activities were found at any given time point following exposure to nitrous oxide.

Table 1. Methionine synthase activities in mice administered ethanol and/or isoflurane

| Treatment | Methionine synthesized (nmol·hr ⁻¹ ·g ⁻¹) | | | N |
|----------------------|--|------------|------------|----|
| | Liver | Kidney | Brain | |
| None (control) | 209 ± 35.9 | 263 ± 50.1 | 122 ± 12.7 | 16 |
| Ethanol (3 g/kg) | 221 ± 54.7 | 258 ± 40.7 | 119 ± 19.2 | 8 |
| Saline + isoflurane | 183 ± 29.7 | 265 ± 47.0 | 126 ± 12.3 | 8 |
| Ethanol + isoflurane | 180 ± 37.4 | 226 ± 39.7 | 128 ± 11.8 | 8 |

Values are means ± SD. N is the number of animals examined. Exposure to isoflurane was 0.4% atm for 4 hr. Mice administered both ethanol and isoflurane were given a 3.0 g/kg intraperitoneal injection of ethanol and, within 10 min of injection, were exposed to 0.4% atm isoflurane for 4 hr.

Table 2. Ratios of methionine synthase activities

| Tissue | Ratio (mg protein/g tissue) |
|--------|-----------------------------|
| Liver | 118 ± 20.1 |
| Kidney | 83.9 ± 7.5 |
| Brain | 34.7 ± 2.2 |

The ratio for a given tissue in a given animal was calculated by taking the activity expressed in terms of nmol methionine produced·hr⁻¹·g⁻¹ of original tissue and dividing by the activity expressed in terms of nmol methionine produced·hr⁻¹·(mg protein)⁻¹ in the supernatant fraction. Values are means ± SD obtained from 120 mice.

The influence of ethanol and isoflurane on methionine synthase activity was also examined. Treatment with intraperitoneal ethanol (3.0 g/kg), exposure to isoflurane (0.4%) for 4 hr, or a combination of these treatments did not alter significantly methionine synthase activities in liver, kidney, or brain when compared to control values (Table 1).

The ratios of methionine synthase activities when calculated on the basis of per gram of original tissue to that calculated on the basis of per milligram of protein in the supernatant fraction are summarized in Table 2. For any given tissue this ratio was consistent from animal to animal and did not vary with administration of ethanol, nitrous oxide, or isoflurane. However, this ratio varied among the different tissues with the value for liver a factor of 3.4 higher than the ratio for brain (Table 2).

DISCUSSION

The alterations in folate metabolism produced by either nitrous oxide or ethanol suggested that the combined use of these agents may be especially harmful. The major goals of the present experiments were: (1) to examine the effects of an acute dose of ethanol on methionine synthase activity in mouse liver, kidney, and brain; (2) to test whether an acute dose of ethanol enhanced the degree of inactivation produced by nitrous oxide; (3) to determine if the time course of recovery of methionine synthase activity following nitrous oxide-induced inactivation was delayed by an acute dose of ethanol; and (4) to characterize further the time course of recovery of

methionine synthase activity in different tissues following exposure to nitrous oxide.

The acute dose of ethanol (3 g/kg) employed in these studies is in the range that increases urinary folate excretion in rats [5]. Following the injection of ethanol, all mice developed an unsteady gait and many transiently lost their righting reflex before being placed in the exposure chamber. Although ethanol levels were not measured in these particular animals, it is likely that peak ethanol levels were in the range of 300 mg/dl [30], i.e. a level near one that might occur with a binge drinking episode. Nitrous oxide (66% for 4 hr) was administered to these ethanol-treated animals in an attempt to mimic the not uncommon [31] clinical setting in which an intoxicated and traumatized individual requires surgery. Under such circumstances, nitrous oxide is often chosen as a component of the anesthetic because the patient may be in an unstable circulatory state and because alcohol decreases the requirement for more potent anesthetic agents [32].

Although the chronic administration of ethanol decreases methionine synthase activity in rat liver and kidney [23–25], the acute administration of ethanol did not alter methionine synthase activity in mouse liver, kidney, or brain (Table 1). Moreover, the magnitude of the nitrous oxide-induced inactivation of methionine synthase activity in mouse liver, kidney, or brain was not altered by the acute administration of ethanol, nor did ethanol treatment alter the time course of recovery following inactivation (Figs. 1–3).

The decrease (approximately 80%) in methionine synthase activity in mouse liver and kidney following a 4-hr exposure to 66% nitrous oxide (Figs. 1 and 2) is similar to the inactivation reported in previous studies for these tissues in rodents [13, 14, 20, 21, 33–36]. In mouse brain, a lesser degree (58%) of methionine synthase inactivation (Fig. 3) was produced by a 4-hr exposure to nitrous oxide than was found in liver or kidney. This lesser change in the brain is consistent with results from a previous study [21]. These differences between tissues are presumably due to the time course of inactivation, since exposures to nitrous oxide lasting 24 hr or longer can produce greater than a 90% inactivation in brain methionine synthase activity [14, 33, 37, 38].

The present experiments define more precisely the time course of recovery of hepatic methionine

synthase activity following inactivation by nitrous oxide, and they are the first studies to describe the rate of recovery of activity in kidney and brain. In liver, partial recovery of activity occurs as short as 6 hr after discontinuing the nitrous oxide. A small degree of enzyme inactivation may be present in liver 2 days after nitrous oxide exposure, but enzyme activity returned to control values by 4 days post-exposure (Fig. 1) in agreement with previous work [21]. Recovery of hepatic methionine synthase activity in the mouse may be slightly faster than in the rat, since activity in rat liver remains depressed after a 3-day recovery period [13, 33, 35, 36]. The time course of recovery of enzyme activity in mouse kidney was similar to that in liver, with recovery being complete 4 days after exposure to nitrous oxide (Fig. 2). However, methionine synthase activity was depressed significantly at 2 days of recovery in the kidneys of ethanol-injected but not saline-injected animals (Fig. 2), whereas the opposite effect was found in livers (Fig. 1). Although the magnitude of nitrous oxide-induced enzyme inactivation in the brain was less than that in liver or kidney, recovery of methionine synthase activity was slower in brain than in liver or kidney, remaining significantly depressed following 4 days of recovery in both ethanol-injected and saline-injected animals (Fig. 3).

Isoflurane was employed as an anesthetic control in the present experiments to ensure that the effects of nitrous oxide on methionine synthase activity (with and without ethanol) were not simply due to physiological alterations caused by subanesthetic concentrations. In terms of ability to abolish the righting reflex in mice, the concentration of isoflurane used (0.4% atm) is slightly more potent than 66% nitrous oxide [39]. However, neither isoflurane alone or in combination with ethanol altered methionine synthase activity in any of the three tissues examined (Table 1).

In previous investigations, methionine synthase activities have been reported either on the basis of fresh tissue weight or on the basis of milligram protein in the supernatant fraction but not both. This difference in reporting techniques makes it difficult to compare how absolute activities vary among species and from one laboratory to the next. For example, in one study [40] comparisons among literature values for methionine synthase activities in human liver and kidney were made by assuming that 100 mg of protein in the supernatant fraction would correspond to 1 g of fresh tissue. This assumed ratio is very nearly the average of the ratios we measured in mouse liver (118) and kidney (83.9) (Table 2). However, the ratio of milligrams protein to grams tissue was markedly lower in the brain compared to liver or kidney (Table 2).

Although the acute administration of ethanol did not enhance the nitrous oxide-induced inactivation of methionine synthase in these experiments, the possibility remains that the combination of these agents may alter folate status to a greater extent than each individual agent. For instance, combined nitrous oxide and ethanol treatment may have had a synergistic effect in increasing urinary and fecal excretion of folate or altering tissue levels of folates, parameters that were not determined in the present

studies. In addition, the inability to find an enhanced effect in the mouse does not preclude the possibility that other species may be more susceptible to the combined acute administration of these drugs. Specific activities of hepatic methionine synthase are similar in rats, humans, and monkeys, but marked species differences exist in hepatic tetrahydrofolate concentrations, with levels in mice approximately 6-fold greater than those of humans [41]. Furthermore, animals [23, 42] or humans [12, 43] with a subclinical vitamin B₁₂ or folate deficiency or in a poor nutritional state may be more susceptible to ethanol and nitrous oxide. Finally, it remains to be determined whether animals chronically treated with ethanol have an increased susceptibility to the toxic effects of nitrous oxide.

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